**Spin-off 2016 Packing List *(please label everything):***

* Water bottle
* Cereal in ziplock baggie for Saturday’s breakfast
* Backpack for all gear
* Sleeping bag (rated at least to 25○F)
* Twin sheet or large towel for between the sleeping bad and foam sleeping pad (latter provided by the camp)
* Flashlight with extra batteries
* Personal toiletries in a Ziplock bag
* Heavy jacket and (hooded) sweatshirt, extra socks
* Gloves and hat
* Sleeping clothes, including warm socks and slip on shoes
* Rain gear – **watch the weather report and pack accordingly!!!**
* Insect repellent
* Plastic bag for wet and dirty clothes
* Green stick for roasting marshmallows
* Brownie vest / sash
* Sit-Upon

Optional:

* Small pillow
* **Small** stuffed animal (limit to 1)
* Disposable camera

Do Not Bring:

* Food, except breakfast cereal which should be given to your AVG (including any candy, gum or cough drops, unless listed on the medication sheet and handled by the first aider in your troop)
* Medications (all medications must be given to your troop first aider along with written instructions and permission slip to administer medications to the child)
* Radios, CD or MP3 players
* Any electronic games/no phones
* Air mattress

Each girl is required to carry **all** gear she brings to Spin-off. Please have her pack wisely so she can carry both her backpack and packed Sit-Upon in one trip.